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## CLINICAL EXERCISE CLASSES

Updated: 24<sup>th</sup> March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
			9:30-10:30AM Rejoice Moyo	
10:00-11:00AM	10:00-11:00AM	10:00-11:00AM		10:00-11:00AM
Darrelle Taylor	Tom Wall	Darrelle Taylor		Darrelle Taylor
		11:00-12:00PM	11:00-12:00PM	
		Tom Wall	Kate Baxter	
1:00-2:00PM				
Rejoice Moyo				
			2:00-3:00PM	
			Rejoice Moyo	
4:00-5:00PM	4:00-5:00PM	4:00-5:00PM		
Kate Baxter	Tom Wall	Darrelle Taylor		
			4:30-5:30PM	
			Kate Baxter	
5:00-6:00PM		5:00-6:00PM		
Kate Baxter		Darrelle Taylor		

## Your Physiotherapists (Instructors)



## Darrelle Taylor

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Rejoice Moyo



Kate Baxter



Tom Wall

- There is a maximum of 4 people to a class, so it is essential to reserve your place.
- Clinical exercises sessions are \$47.25 per person, per session. All classes are taken by our Physiotherapists and health fund rebates apply.
- Clinical exercises sessions are available at a discounted rate if you pre-purchase: 5 sessions at \$39.90 each (\$199.50)
  10 sessions at \$37.80 each (\$378.00)
  20 sessions at \$33.60 each (\$672.00)
- You are not required to commit for 5 consecutive weeks, but pre-purchased classes must be used within 3, 6 or 12 months, respectively.
- Please let us know if you are unable to attend the class at least 24 hours before the class. If you notify us less than 24 hrs or you do not attend without notification, it will apply for Non-Attendance Fee of \$47.25 or 1 class membership.