

STUDIO PILATES (June 2013)
EDGE HILL

DAY	TIME	INSTRUCTOR
Monday	4:30pm – 5:30pm	Eve Weston
Monday	5:30pm – 6:30pm	Eve Weston
Tuesday	9:30am – 10:30am	Hannah Sealby
Tuesday	10:30am – 11:30am	Shawn Forstpointner
Tuesday	4:15pm – 5:15pm	Hannah Sealby
Wednesday	7:30am – 8.30am	Hannah Sealby
Wednesday	11:00am – 12:00pm	Hannah Sealby
Wednesday	4:00pm – 5:00pm	Eve Weston
Thursday	4:30pm – 5:30pm	Shawn Forstpointner
Friday	9:30am – 10:30am	Shawn Forstpointner
Friday	5:00pm – 6:00pm	Shawn Forstpointner
Saturday (alternating)	9.30am – 10.30am	Shawn Forstpointner

DRAPER STREET

DAY	TIME	INSTRUCTOR
Monday	10:30am – 11:30am	Hannah Sealby
Monday	5:30pm – 6:30pm	Hannah Sealby
Tuesday	4:00pm – 5:00pm	Eve Weston
Tuesday	5:00pm – 6:00pm	Eve Weston
Tuesday	6:00pm – 7:00pm	Eve Weston
Wednesday	9:30am – 10:30am	Shawn Forstpointner
Wednesday	4:30pm – 5:30pm	Shawn Forstpointner
Thursday	7:30am – 8:30am	Eve Weston
Thursday	8:30am – 9:30am	Eve Weston
Thursday	10:00am – 11:00am	Eve Weston
Thursday	11:00am – 12:00pm	Eve Weston
Thursday	4:00pm – 5:00pm	Hannah Sealby
Thursday	5:00pm – 6:00pm	Hannah Sealby
Thursday	6:00pm – 7:00pm	Hannah Sealby

There is a maximum of 4 people to a class, so it is essential to reserve your place. Studio Pilates sessions are \$42 per person, per session. All Pilates classes are taken by our Physiotherapists and health fund rebates apply. Studio sessions are available at a discounted rate if you pre-purchase 5 sessions at \$37 each. You are not required to commit for 5 consecutive weeks but pre-purchased classes must be used within 3 months. 24 hours notice must be given in the event that you are unable to attend a session you have booked into otherwise there will be a cancellation fee of \$20